

# ABEER KHARSHID

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## PERSONAL DETAILS

- ✓ **Name:** Abeer Mohammad Nimer Kharshid
- ✓ **Date of birth:** 17<sup>th</sup> June 1985
- ✓ **Place of birth:** Zarqa/Jordan
- ✓ **Marital status:** Divorced
- ✓ **Citizenship:** Jordanian
- ✓ **Address:** Tabrbour, Amman, Jordan.



## EDUCATION AND QUALIFICATIONS

- ✓ **PhD;** Clinical Pharmacy Department, School of Pharmaceutical Sciences, University of Science Malaysia (USM QS: 207 THE: 49).  
**Dissertation title:** PROSPECTIVE STUDY ON STATINS EFFECT ON CLINICAL OUTCOMES AMONG NON-DIALYSIS CKD PATIENTS: A COMPARISON BETWEEN A HOSPITAL IN MALAYSIA AND SAUDI ARABIA.
- ✓ **Master of clinical pharmacy (MSc);** college of pharmacy, Jordan University of Science and Technology (JUST), Jordan, 2010. (very good 83.8)  
**Dissertation title:** CLINICAL AND SUBCLINICAL RICKETS, CLINICAL OUTCOMES AMONG INFANTS IN JORDAN (pass with distinction).
- ✓ **Bachelor of Pharmacy;** college of pharmacy, Jordan University of Science and Technology (JUST), Jordan, 2007. (84.8 Excellent).



## WORK EXPERIENCE

- **CLINICAL PHARMACY**
  - Clinical pharmacist (trainee) at Cardiology, Nephrology, Endocrinology, Neurology, Paediatrics, Oncology (paediatrics/adults), adult ICU and, Infectious diseases wards. King Abd-Allah University Hospital, Irbid, Jordan. (2008-2009).

- Clinical pharmacist (trainee) at Paediatrics. Princes Rahma Teaching Hospital, Irbid, Jordan. (2008 – 2009).
- Pharmacist (inpatient), The Islamic Hospital, Amman, Jordan. May - Dec 2006.

#### ▪ **DUTIES& RESPONSIBILITIES**

- ✓ Patient assessment through reviewing patient medical records and interviewing patient/ caregiver to retrieve relevant information.
- ✓ Evaluation and optimization/personalization of patient's medication therapy based on the latest protocols, guidelines and clinical trials.
- ✓ Identification, communication and resolution of drug-related problems and pharmaceutical care issues.
- ✓ Development and implementation of pharmaceutical care plans.
- ✓ Education of the patient/caregivers to ensure understanding of the care plan, to optimize adherence, and to improve therapeutic outcomes.
- ✓ Follow-up evaluation and medication monitoring.

#### ▪ **ACADEMIA**

- Clinical Research Fellow/PhD student, Discipline of Clinical Pharmacy, School of Pharmaceutical Sciences, Universiti Sains Malaysia. Penang 11800 , Malaysia. 9/2015-8/2018.
- Lecturer, School of Pharmaceutical Sciences, Princess Noura bent Abdul Rahman University, Riyadh, KSA (from 8/2011-8/2015).

#### ▪ **DUTIES& RESPONSIBILITIES**

- ✓ PharmD Curriculum development.
- ✓ Founder of e-learning unit.
- ✓ Coordinator of the Experiential Pharmacy Education Program unit.
- ✓ Teaching clinical pharmacy courses.
- ✓ Instructor for undergraduate/postgraduate (Master) clerkship.
- ✓ ACCP accreditation.
- ✓ NCAAA accreditation.
- ✓ Quality assurance.
- ✓ ISO 9001 certification.
- ✓ Simulation center cases development and Model Programming.

#### ▪ **COMMUNITY PHARMACIES**

- From 2/2007 to 3/2008, Eshbeliah pharmacy, Yajooz, Jordan.

#### ▪ **DUTIES& RESPONSIBILITIES**

- ✓ Reviewing and dispensing prescription medicines to the public.
- ✓ Supervising the preparation of any medicines (not all are supplied ready made-up by the manufacturer).
- ✓ Counselling and advising the public on the treatment of minor ailments.
- ✓ Managing, supervising and training pharmacy support staff.



## PERSONAL DEVELOPMENT IN CLINICAL PHARMACY:

- The basic practice of clinical pharmacy, JUST, Irbid, Jordan. May 2006
- Cosmetics, JUST, Irbid, Jordan. Jan 2006
- Scientific Research workshop, Riyadh, KSA. May 2013.
- Cardiology Pharmacy Practice, Riyadh, KSA. Apr 2012.
- Acute Decompensated Heart Failure Pharmacy Practice, Riyadh, KSA. Apr 2012.
- SWOT analysis workshop to build a five-year plan of the Faculty of Pharmacy at the Princess Noura bent Abdul Rahman University (PNU), Riyadh, KSA. Jan 2012.
- The second cardiovascular pharmacotherapy conference and exhibition, Apr 2012.
- 2nd Saudi International Pharmacoeconomics Conference, Better Analysis for Better Healthcare Decisions In KSA, Riyadh, KSA. Apr 2012.
- Second RMH international pharmacy conference, standards of quality and current practices bridging gaps, Riyadh, KSA. Oct 2012.



## AWARDS

- ✓ **Best thesis award 2019.**
- ✓ **USM fellowship scheme: 1/9/2015 till 31/8/2018**
- ✓ **The Best Educator, 2017**



## RECENT CONFERENCES

- ✓ **Speaker:**
  - o Global Pharmaceutical and Medical Research Conference (GPMRC). Dubai, UAE, 15/4/2017. Lecture entitled: Health-related Quality of Life in Chronic Kidney Disease Patients.
  - o "Bridging the Gap between Family Physicians and Clinical Pharmacists" conference. Riyadh, KSA, 6/5/2017. Lecture entitled: Diabetic Dyslipidaemia; treatment options for a deadly combination.
  - o PharmCare Symposium "Future Paradigm of Pharmaceutical Care" 05-06/8/2017 USM, Penang. Lecture entitled: The Impact of Non Dialysis Dependent Chronic Kidney Disease on The Health Related Quality of Life among Malaysian Patients.
  - o 2017 PCS MENA Diabetes Summit. Amman, Jordan, 8/9/2017. Lecture entitled: Personalized T2D Care; from "One Size Fits all" to Tailored Management Approaches.
  - o The International Society For Pharmacoeconomics and Outcomes Research (ISPOR) 6th Latin America Conference, 15-17 /9 2017 in São Paulo, Brazil. Lecture entitled: The Equivalence Between The Rand-36 Health Survey Malay And U.S. English Versions.
  - o Dubai International Pharmaceuticals and Technologies Conference and Exhibition (DUPHAT) 23rd conference. Dubai, UAE, 28/2-2/3 2018 Lecture entitled: Knowledge, Attitude, and Perceptions of HCPs Towards Early Referral and Using Statins in ND-CKD Patients.



## PUBLICATION

1. **Kharshid, A.**, Sulaiman, S.A.S. and Aly, A., 2017, June. Knowledge, attitudes and practices of healthcare professionals towards early referral and using statins in non-dialysis CKD patients. In PHARMACOTHERAPY (Vol. 37, No. 6, pp. E52-E52). 111 RIVER ST, HOBOKEN 07030-5774, NJ USA: WILEY.
2. **Kharshid, A.**, Sulaiman, S.S. and Aly, A., 2017. The Equivalence Between The Malay And US English Versions Of Rand 36-Item Health Survey 1.0. Value in Health, 20(9), p.A896.
3. Aly, A., **Kharshid, A.** and Sulaiman, S.S., 2017. Evaluation Of Health-Related Quality Of Life Among Malaysian Non Dialysis Dependent Chronic Kidney Disease Patients. Value in Health, 20(9), pp.A896-A897.
4. Aly, A., Yusoff, Z., Othman, S., Sulaiman, S.A.S., **Kharshid, A.**, Hammad, M.A. and Sha'aban, A., 2017, June. Patient safety knowledge, attitudes and skills of undergraduate pharmacy students at University of Science, Malaysia. In PHARMACOTHERAPY (Vol. 37, No. 6, pp. E44-E44). 111 RIVER ST, HOBOKEN 07030-5774, NJ USA: WILEY.
5. Hammad, M.A., Alakhali, K.M., Manal Hattan, M., Dzul Azri Mohamed Noor, D., Syed Azhar Syed Sulaiman, S., **Kharshid, A.M.** and Khamis, A.A., 2016. ASTHMA IN SAUDI ARABIA: RISK FACTORS AND PHARMACOTHERAPY. Indo American Journal of Pharmaceutical Research, 6(11), pp.6814-6821.
6. Hammad, M.A., Noor, D.A.M., Sulaiman, S.A.S., Khamis, A.A., **Kharshid, A.** and Aziz, N.A., 2017. Comparison of Statins Dose Intensity on HbA1c Control in Outpatients with Type 2 Diabetes: A Prospective Cohort Study. Evaluation, 152, p.10007717.
7. Suleiman, A.K., Melaibari, M., Alkhalidi, T., Almuhsen, S., Alharbi, S., **Kharshid, A.**, Alboghdadly, A. and Shilbayeh, S., 2016. Pharmacist-perceived barriers to pharmaceutical care of chronic and end-stage kidney disease patients in Saudi Arabia. Archives of Pharmacy Practice, 7(2), p.54.
8. Hammad, M.A., Tangiisuran, B., **Kharshid, A.M.**, Abdul-Aziz, N., Hassan, Y., Aziz, N.A. and Elsayed, T.M., 2017. Drug-drug interaction-related uncontrolled glycemia. Journal of pharmacy & bioallied sciences, 9(4), p.221.
9. Abdul-Razzak, K.K., Ajlony, M.J.A., **Khashid, A.M.** and Obeidat, B.A., 2011. Vitamin D deficiency among healthy infants and toddlers: a prospective study from Irbid, Jordan. Pediatrics International, 53(6), pp.839-845.
10. Abdul-Razzak, K.K., **Kharshid, A.M.**, Altawalbeh, S.M., Obeidat, B.A. and Ajlony, M.J.A., 2012. Hb level in relation to vitamin D status in healthy infants and toddlers. Public health nutrition, 15(9), pp.1683-1687.



## PERSONAL SKILLS AND COMPETENCIES

- ✓ **Willing to learn.**
- ✓ **Languages:**
  - Arabic: Mother tongue.
  - English: Excellent.
- ✓ **Computer skills:**
  - Microsoft office: Excellent.
  - Graphic design: Adobe Photoshop/ Illustrator/ InDesign.
  - EDraw for ISO flowcharts.
- ✓ **Data analysis:** SPSS, End note and Mendelay. (Excellent).
- ✓ **Very good communication and presentation skills.**



## MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

- ✓ Jordan Pharmaceutical Association.
- ✓ Saudi pharmaceutical society.
- ✓ The American Society of Health System Pharmacist.
- ✓ American College of Clinical Pharmacy.
- ✓ International Society for Pharmacoeconomics and Outcomes Research.



## LICENSURE

- ✓ Registered Pharmacist from Jordan Ministry of Health.
- ✓ Board Certified Pharmacotherapy Specialists® (BCPS), 2010.



## REFEREES

- ✓ **Prof.Dr. Syed Azhar**
  - Clinical Pharmacy Department
  - School of Pharmaceutical Sciences
  - University of Science Malaysia
  - Phone: +6 016 448 3616
  - Email: sazhar@usm.my
  
- ✓ **Dr. Samar Alshawwa**
  - College of Pharmacy
  - Princess Noura bent Abdul Rahman University (PNU)
  - Email: szalshawwa@pnu.edu.sa